

Specialist Network of Clinicians

Fact sheet

What is the Specialist Network of Clinicians?

The Specialist Network of Clinicians is a team of private psychologists that are qualified to provide psychological assessments and treatment for emergency workers experiencing mental health injury as a result of work. All Specialist Network Clinicians are registered with WorkSafe Victoria and have experience in return to work programs and best practice trauma recovery.

Work is underway to grow the Specialist Network of Clinicians to include public and private sector psychologists, psychiatrists and Accredited Mental Health Social Workers.

Who can access the Specialist Network of Clinicians?

The Specialist Network of Clinicians is available to emergency workers participating in the Victorian Government Provisional Payments Pilot. For further information on the pilot, please visit www.vic.gov.au/provisional-payments.

The Specialist Network of Clinicians has been developed to provide pilot participants with access to mental health clinicians that are skilled in treating a range of mental health conditions, including trauma. It is important to note that it is not compulsory under the pilot to seek care through the Specialist Network of Clinicians and you will still receive provisional payments for eligible medical treatment and services provided by a clinician of your choice.

How do I access the Specialist Network of Clinicians?

A confidential Central Access Referral and Treatment (CART) telehealth service has been established to link pilot participants with the Specialist Network of Clinicians. To access the CART service, please call **1300 725 561**. The CART service is open Monday to Saturday, 7am to 8pm (excluding National public holidays).

What happens when I call the CART service?

When you call the CART service a mental health professional will work with you to identify your support needs and then discuss the types of services available to you through the Specialist Network of Clinicians based on your location and preferred treatment type (for example, face-to-face individual appointments, group therapy or telehealth and internet-based consultations).

You can ask the CART service to schedule your first appointment for you, or to provide you with the contact details for recommended Specialist Network Clinicians so that you can make your own appointment.

The CART service will stay in contact with you for approximately 13 weeks, making follow up calls at around seven days, six weeks and 13 weeks. You may also contact the service at any time if you require further assistance.

For after-hours mental health support please call Beyond Blue on 1300 22 4636 or Lifeline on 13 11 14

To receive this publication in an accessible format phone (03) 9096 1266, using the National Relay Service 13 36 77 if required, or email DHHS-ProvisionalPayments@dhhs.vic.gov.au.

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Available at www.vic.gov.au/provisional-payments.