# Responding to family violence

Capability framework



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Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne (2501253)

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In this document, 'Aboriginal' refers to both Aboriginal and Torres Strait Islander people. 'Indigenous' or 'Koori/Koorie' is retained when part of the title of a report, program or quotation.

ISBN 978-1-76130-757-7 (pdf/online/MS word)

Available https://www.vic.gov.au/responding-family-violence-capability-framework

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### **Acknowledgements**

Many people contributed to this capability framework. The department acknowledges and thanks those across the family violence and sexual assault sectors and broader service system that contributed. We also acknowledge the members of a dedicated working group that guided development of this framework and thank them for their dedication, collaboration and expertise. This was instrumental in shaping this capability framework. These include Safe and Equal, No to Violence and Sexual Assault Services Victoria.

#### Aboriginal acknowledgement

The Victorian Government acknowledges Victorian Aboriginal people as the First Peoples and Traditional Owners and Custodians of the land and water on which we rely. We acknowledge and respect that Aboriginal communities are steeped in traditions and customs built on a disciplined social and cultural order that has sustained 60,000 years of existence. We acknowledge the significant disruptions to social and cultural order and the ongoing hurt caused by colonisation. We acknowledge the ongoing leadership role of Aboriginal communities, particularly Aboriginal women, in addressing and preventing family violence and will continue to work in collaboration with First Peoples to eliminate family violence from all communities.

## Acknowledgement of victim survivors of family violence

We pay our respects to victims and victim survivors of family violence and violence against women.
We acknowledge their resilience and courage.
They remain at the forefront of our work.

We acknowledge the Victim Survivors Advisory Committee. We consulted with committee members to develop this capability framework. Members provided valuable insights into how this framework could improve the experiences of people experiencing family violence.

## Family violence services and support

If you have experienced violence or sexual assault, contact 1800 RESPECT (1800 737 732). You can get immediate help.

You can also get ongoing help. When you call, you will talk to a counsellor from the National Sexual Assault and Domestic Violence hotline.

For confidential support and information, contact Safe Steps 24/7 family violence response line on 1800 015 188.

If you are concerned for your safety or that of someone else, contact the police or call Triple Zero (000) for emergency help.



## Introduction



### Introduction

#### What is the capability framework?

The capability framework describes the knowledge and skills workers need to respond to family violence in a way that is safe and effective. It is for all workers whose roles intersect with family violence. It supports workers to deliver services that are:

- effective
- safe
- culturally responsive.

This framework is for those who work in specialist family violence services, as well as the broader health, justice and social services. By following this framework, organisations contribute to a workforce that is:

- informed
- capable
- culturally responsive.

The framework defines the skills and capabilities that these workforces need to:

- meet the challenges of family violence work
- improve the safety and wellbeing of victim survivors and their families.



## The capability framework and MARAM

MARAM is the foundational policy, embedded in Part 11 of the Family Violence Protection Act that outlines how Victorian services and systems respond to family violence. MARAM sets out a shared understanding of family violence. It also includes the responsibilities of services, professionals and systems to work together to identify, assess and manage family violence risk.

MARAM guidance and resources define the practice requirements in line with these responsibilities.
Read this capability framework alongside:

- the MARAM Foundation knowledge guide
- the relevant practice guides and resources.

This framework outlines the breadth of capabilities professionals need across the service system to respond to family violence and meet their responsibilities under MARAM. These capabilities include those needed to:

- · identify and assess family violence risk
- manage risk and put in place strategies that prioritise victim survivors' safety and needs
- seek or provide secondary consultation and referrals in line with information sharing laws and regulations
- work with other services to achieve integrated and consistent responses.

MARAM provides the core knowledge, practice guidance and tools for responding to family violence. It does this according to defined responsibilities of different workforces. This framework emphasises workforce capability by outlining the skills needed to carry out family violence practice. To be consistent with MARAM requirements, it supports organisations to:

- · identify skills gaps
- develop roles and positions
- design targeted training
- develop career pathways.

Organisations should define and build workforce capabilities in a way that aligns with the MARAM framework in order to support a more consistent system-wide response to family violence.

### Why have a capability framework?

A capability framework identifies what workers need to perform their role in a given field. It offers a structured approach to identifying the skills that people need. It can guide workforce development by individuals or organisations.

#### Capability building

Capability frameworks outline the skills and knowledge needed at varying levels of practice. This can be from entry-level to specialist roles. Capability frameworks enable:

- · targeted training
- professional development
- role-specific development.

#### Organisational planning

Capability frameworks offer a consistent language and structure to inform workforce strategies. This includes for:

- recruitment
- performance management
- succession planning.

#### Performance and development

Capability frameworks provide a structured way to assess performance. This helps staff understand their roles and the value they contribute.

#### A system that works together

Capability frameworks improve cross-sector collaboration. This framework helps align workforce capabilities with critical system features such as the MARAM framework. This can help coordinate responses to family violence.

## Capability frameworks and workforce development

A capability framework is often used alongside other workforce development documents.

Each have a different purpose.

#### **Capability framework**

This outlines the skills, knowledge and behaviours expected across the organisation/sector. It offers a foundation for role-specific requirements and development.

#### **Practice guidance**

These detail guidelines, best practice or procedures for specific professional activities and in organisations.

#### Job descriptions

These outline tasks, responsibilities and skills needed for a role. They help workers understand what is expected of them and how they can grow in their role.

## Who is this capability framework for?

This capability framework is for:

- organisations
- government departments
- · sector peaks
- professional groups
- education and training providers
- workers both new and existing.

It helps everyone understand, plan and develop the skills needed to respond to family violence. Listed below are examples of how different roles might use the framework.

### How different roles can use this framework

#### **Workers**

- · Identify current capabilities.
- Assess any skills gaps for professional development.
- Organise professional development and training plans.
- Guide professional development conversations.
- Develop goals to support career pathway planning and development.

#### Language and terminology

Language around identities is always evolving. This is especially the case for diverse groups of people. The terms used in this framework reflect the accepted language at the time of writing. But we understand that one term or description may not capture the full breadth of individual identity. It may not be the language that individuals or groups identify with.

Language is a social construct. Our intent is to be inclusive and respectful of everyone. We commit to evolve our language as it changes to create inclusive practice.

'Language is empowering and having a strengths-based approach to language [means that] workers fully advocate for people experiencing family violence when [they are] not in the room.'

#### **Managers**

- Guide skills and gaps analysis to inform:
  - team training plans
  - professional development opportunities.
- Use as a foundation for performance reviews.
- Support reflective supervision conversations.
- Help provide clear feedback and guidance.

#### **Organisations**

- Guide recruitment processes such as writing position descriptions and assessing candidates' competencies.
- Inform strategic workforce planning including:
  - succession planning
  - resource allocation
  - training investment.
- Build organisational capacity by integrating the skills into:
  - staff induction programs
  - ongoing professional development.

#### **Human resources staff**

- Based on the capabilities, develop:
  - position descriptions
  - job advertisements
  - interview questions.
- Design professional development pathways and learning opportunities aligned with the framework. This will help in meeting organisational and sector goals.
- Assess and enhance performance management systems. This helps ensure they reflect the framework's capabilities.

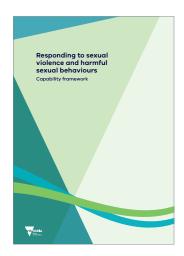
#### Trainers and training providers

- Design education and training programs that align with the framework.
- Design education and training programs around the capabilities outlined in the framework.
   This helps ensure targeted skill development.
- Identify any gaps in existing training content. Develop new content to address them.
- Integrate capabilities into qualification pathways.
   Align training with professional expectations and needs.

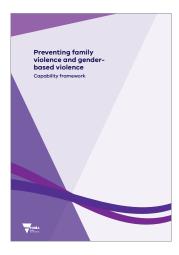




Responding to family violence: Capability framework



Responding to sexual violence and harmful sexual behaviours:
Capability framework



Preventing family violence and genderbased violence: Capability framework

## A coordinated approach to capability building

This framework is part of Victoria's Building from strength: 10-year industry plan for family violence prevention and response. It is 1 of 3 interconnected capability frameworks. It supports workforce capability for all professionals who intersect with family violence. The 2 other frameworks are:

 Preventing family violence and gender-based violence capability framework

This will set out the skills and knowledge needed to address the social norms, structures, systems and behaviours that drive family violence and gender inequality. It aims to support those working to prevent family violence and gender-based violence across a range of:

- roles
- organisations
- sectors
- settings
- communities.

Responding to sexual violence and harmful sexual behaviours capability framework

This framework aims to support capability for workers who respond to sexual assault and harmful sexual behaviours. It will outline the knowledge and skills needed to support recovery and healing. It will also describe the knowledge and skills needed to identify and respond to experiences of:

- sexual assault
- sexual violence
- harmful sexual behaviours.

Together, these frameworks will support workforce planning and development across the family violence and sexual assault sectors. They will spell out the unique skills needed in these areas. They will also reinforce the shared skills needed across different sectors. This will help workforces to collaborate better.

### How to use this framework



#### How to use this framework

#### For all workers

## This framework outlines the workforce capabilities for responding to family violence using knowledge and skills.

These capabilities relate to the responsibilities of workforces outlined in the MARAM framework. There are 3 levels of responsibilities:

- identification
- intermediate
- · comprehensive.

The capabilities build across the 3 levels. Workers with responsibilities at the identification level should refer to the indicators listed as 'identification'. Those with responsibilities at the intermediate level should refer to the indicators at both the identification **and** intermediate levels. Those with comprehensive responsibilities should refer to the whole framework.

Key knowledge underpinning most of the capabilities is found in the MARAM *Foundation knowledge guide.*<sup>1</sup> Some extra knowledge indicators for intermediate and comprehensive responsibilities are included in this framework.

The framework includes different domains of family violence response. Skill indicators are listed under each domain heading. They are then grouped in relation to a specific topic or cohort. For example, capabilities for working with children and young people are grouped across domains. This structure helps identify capabilities that are most relevant to roles or contexts.

## For specialist family violence practitioners

There are specific capabilities for specialist family violence practitioners. These describe growing levels of expertise in specialist practice.

Levels of expertise are set out across 4 levels:

- entry
- mid
- senior
- expert.

These capabilities recognise increasing levels of skill for practitioners as they develop. They help define more senior practice roles and career pathways in specialist practice.

Increasing specialist expertise is specialist family violence practice delivered with increasing levels of:

- · professional autonomy and judgement
- managing comprehensive risk and complexity
- system collaboration
- reflective practice and supervision
- service and system improvement
- applying and building on evidence and research.

#### Readable figure text

The following figures provide a visual overview of the workforce capabilities for responding to family violence. The figures are also available as plain figure text at the back of this document.

All figures are available as printable PDFs: www.vic.gov.au/responding-family-violencecapability-framework

<sup>1</sup> Refer to: https://www.vic.gov.au/maram-practice-guides-foundation-knowledge-guide

Figure 1: Structure of the Responding to family violence capability framework

Knowledg	e and ski	ll indicators	for worke	rs across tl	ne service	system			
Foundatio	onal know	/ledge				Find the	se in the *MARAM Fo	undation know	/ledge guide
Further kı	nowledge	and skills					These align w	ith MARAM res	ponsibilities*
1 Safe engagement	2 Identifying family violence	risk risk consultation sharing assessment risk management						9 Coordinated risk management	10 Collaborate for ongoing risk assessment and risk management
Identification Identification Identification								ication	
Intermediate								ediate	
Comprehensive									
+ Skill indicators for specialist family violence practitioners									
1		2		3		4	5		6
Professi autonom judgem	y and	Managing comprehensiv and complex	e risk co	System ollaboration		tive practice supervision	Service and syste improvement	and b evide	plying uilding on ence and search
					Entry				
					Mid				
					Senior				

Expert

Figure 2: Capabilities for all workers across the service system

Practice levels: MARAM Foundation Knowledge Identification level Intermediate level Comprehensive level

1 Safe engagement	2 Identifying family violence	3 Intermediate risk assessment	4 Intermediate risk management	5 Secondary consultation and referral
Identif	ication			Identification
		Intermediate		
		Comprehensive		
Knowledge Indicators in addit	ion to the MARAM Foundational	•	Line de verteure el tile e reiver vere et eure e	
		Understand the methods and considerations for assessing the risk posed to a child or young person.	Understand the circumstances that can change or escalate risk from the person using violence.	
Universal				
Create and maintain an environment that is safe, accessible and culturally responsive for interactions, engagements and disclosures.	Recognise perpetration tactics and the dynamics of power and control in family violence to support accurate risk assessment and avoid misidentification.	Use intermediate tools appropriate to service user to assess family violence risk. Apply MARAM practice guidance and other organisational resources.	Use relevant MARAM practice guides, tools and templates to develop safety plans that respond to the level of risk.	Assess the need for extra support. Seek secondary consultation and appropriate referrals for an immediate risk management response.
	Safely and effectively gather information through engagement and interactions with clients to identify family violence in line with MARAM.	Identify changes in risk over time. Update risk management strategies to stay responsive to the dynamic nature of family violence.		Engage in cross-sector consultations to support referral pathways that are timely, responsive and appropriate to the risk level and client's needs.
	Respond to immediate threats in line with MARAM and action appropriate protective measures.			
Victim survivor				
Partner with victim survivors when interacting with the service system to support their autonomy, agency and empowerment.	Identify observable signs of trauma that would suggest a person may be experiencing family violence.	Gather information from services working with the adult using family violence. Use these to assess risk for the victim survivor.	Create and put in place risk management plans that reflect the victim survivor's preferences and needs. Ensure these respond to the risk level and personal circumstances.	Provide information about the services available to support victim survivors in referral.
Recognise and address victim survivors' barriers to disclosure, service access and engagement.			Work with victim survivors to develop safety plans that address their individual experiences, needs and risk levels.	
Children and young people				
Determine and apply an engagement approach for a child or young person that is safe, appropriate and reasonable for their age, developmental stage, culture, community and situation.	Recognise and respond to children and young people as victim survivors in their own right, with their own unique needs.	Undertake a risk assessment with children and young people as victim survivors in their own right. Recognise their unique risks, protective factors, wellbeing needs and safety.	Use relevant MARAM practice guides, tools and templates to develop risk management and safety plans that respond to the level of risk.	Develop and enable referral pathways that support children and young people's safety, wellbeing and cultural needs.
People using family violence				
Maintain safe, non-collusive interactions with people using family violence. Seek secondary consultation when necessary.	Identify behaviours and narratives that indicate a person is or might be using family violence.	Gather and use information from adults using family violence about their use of violence in a way that does not increase risk to their partners, children, family and community.	Engage with the person using family violence to develop a safety plan that addresses their behaviour, promotes accountability and holistically respond to the safety needs of their partners, children, family and community.	Engage in secondary consultation for insights and strategies for working with people using family violence to promote their accountability, behaviour change and the safety of victim survivors.

#### Continued page 16

Figure 2: Capabilities for all workers across the service system

Practice levels:	MARAM Foundation Knowledge	Identification level	Intermediate level	Comprehensive level

6 Information sharing	7 Comprehensive assessment	8 Comprehensive risk management and safety planning	9 Coordinated risk management	10 Collaborate for ongoing risk assessment and risk management
Identification			Identif	ication
Intermediate			Interm	ediate
		Comprehensive		
Knowledge Indicators in additi	ion to the MARAM Foundational			
	Understand the experience and presentation of risk and protective factors for the victim survivor.	Understand the impact of family violence on a victim survivor to inform risk management options. This includes for children and young people.		
Universal				
Apply the relevant privacy and information sharing laws and regulations relevant to their role.	Use comprehensive tools appropriate to the service user to assess family violence risk. Apply MARAM practice guidance and other resources.	Assess and respond to dynamic family violence risk. Ensure safety strategies and plans respond to the current risk factors and level of risk.	Work with a range of professionals and services to supports a coordinated risk management approach.	Participate in ongoing consultation and work with a wide range of organisations and stakeholders as part of shared responsibilities.
Apply the principles and legislation related to safety, accountability, confidentiality, information sharing, consent and privacy.	Lead the coordination, development, monitoring and review of comprehensive risk management plans.	Lead multi-agency collaboration efforts to ensure a coordinated and holistic approach to risk management and safety planning.	Lead and coordinate case management including serious risk management monitoring and collaborative action planning across organisations.	Build and maintain partnerships with sexual assault and harmful sexual behaviour services, along with other sectors to enhance risk management through shared knowledge and expertise.
Consider ways to enhance victim survivors' safety when skilfully managing information sharing, mandatory reporting and privacy requirements.				Lead ongoing collaboration and connection between services, sectors and systems. Educating and building the understanding, through collaborative management of family violence risk.
Victim survivor				
	Identify information relevant to the adult using family violence's circumstances when undertaking comprehensive risk assessment with a victim survivor.	Use advanced risk management techniques to develop and put in place effective safety plans tailored to victim survivors.	Supports victim survivors in service responses by actively helping them to navigate systems and advocating to address service gaps.	
Children and young people				
Work with relevant services to share information in a way that supports children and young people's safety, wellbeing and cultural needs.	Undertake comprehensive risk assessment strategies that consider children and young people's age, wellbeing developmental stage, and cultural needs. Ensure their voices are heard.	In risk management and safety planning, holistically respond to children and young people in ways that address their emotional safety, psychological safety, physical safety and wellbeing.	Where there are concerns for children's and young people's safety or wellbeing, consult, coordinate, report or refer to relevant services for risk management.	Work with child and youth-focused services to ensure a holistic approach to risk assessment and management. Ensure this addresses children and young people's safety, wellbeing and cultural needs.
People using family violence				
Share information with relevant services to contribute to a coordinated system response. This may include services that provide interventions and support aimed at behaviour change.	Undertake a comprehensive risk assessment. Communicate and plan with professionals supporting the victim survivor.	Apply the 'person in their context' approach to consider the person using family violence's circumstances. Use this to work out appropriate risk management actions.	Work with specialist services to manage family violence risk in ways that aligns with the victim survivor's needs and preferences	Collaborate with services that the person using family violence may be engaged with. Actively build and maintain relationships with them for information sharing, secondary consultations and tailoring risk assessment and management.

Figure 2: Capabilities for all workers across the service system continued

Practice levels: MARAM Foundation Knowledge Identification level Intermediate level Comprehensive level

1 Safe engagement	2 Identifying family violence	3 Intermediate risk assessment	4 Intermediate risk management	5 Secondary consultation and referral
Identifi	cation			Identification
		Intermediate		
		Comprehensive		
Young person using violence				
Determine and apply an engagement approach for a young person that is non-collusive and safe, appropriate and reasonable for their age, developmental stage, culture, community and personal situation.	If a young person is identified as, or discloses, using violence, refer to appropriate specialist services.	Conduct a risk assessment with a young person using violence, considering any experience of family violence, the young person's age, developmental stage, cultural and therapeutic needs, wellbeing and safety.	Put in place risk management actions that respond to the wellbeing and safety of the young person (if they have experienced family violence). Ensure they are appropriate for their age, and developmental stage. Ensure the actions address their behaviour and the safety of the victim survivor.	Work with other services to undertake a holistic and therapeutic response to young people using violence
Aboriginal cultural responsiver	ness			
Uphold the principles of self- determination when working with Aboriginal people.	Apply an understanding about Aboriginal people and communities' experiences of oppression, violence from past and ongoing colonisation including the impacts of intergenerational trauma.	Apply a culturally informed lens to risk assessment. Ensure this respects and considers Aboriginal people's cultural contexts and histories.	Use the principles of self-determination and Aboriginal-led responses to guide culturally responsive risk management. Apply an approach that is strengthsbased and trauma-informed.	For Aboriginal clients, seek cultural consultation or cultural supervision to improve risk identification, assessment and management.
Structural discrimination				
Adapt service delivery to meet the diverse needs of those affected by family violence. Consider intersections that may include systems of patriarchy, racism, colonisation, ableism, ageism, classism, biphobia, homophobia and transphobia.	Apply an intersectional lens to identifying family violence risk.	Apply an understanding of structural inequality and discrimination. Use this to assess family violence risk, access to safety and how the perpetrator may exploit these factors.	Integrate an understanding of structural oppression and discrimination into risk management strategies. Be sure to address the unique experiences and needs and circumstances of people.	Develop and enable referral pathways that are accessible and respond to the needs and strengths of people experiencing structural oppression and discrimination.
Trauma-informed practice				
Adapt engagement strategies in ways that consider how trauma can influence interactions and behaviours.	Identify the impacts of trauma that may need a therapeutic response. Consider the types of therapeutic services that may be appropriate for referral.	Recognise the impact of trauma on a victim survivor's responses by applying an approach to risk assessment that is sensitive, supported and trauma informed.	See other skill indicators.	Assess therapeutic readiness to inform appropriate referrals and guide secondary consultations.

Figure 2: Capabilities for all workers across the service system continued

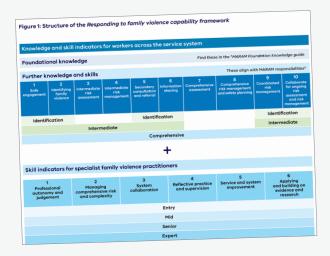
Practice levels: MARAM Foundation Knowledge Identification level Intermediate level Comprehensive level 6 10 Collaborate for ongoing Comprehensive Coordinated Information Comprehensive risk assessment and risk sharing assessment risk management risk management management and safety planning Identification Identification Intermediate Intermediate Comprehensive Young person using violence Safely manage information Undertake a comprehensive Undertake a coordinated Collaborate across agencies Participate in ongoing work sharing where a young risk assessment that is risk management strategies to monitor and respond to with services to conduct person is identified as, or appropriate for their age that consider the young dynamic risk caused by ongoing assessment and the young person's use of violence. Develop tailored manage the level of risk caused by the young person discloses using violence, is also a victim survivor. and developmental stage. person's circumstances age, developmental stage, cultural needs and wellbeing. risk management strategies using violence. that address their needs and circumstances. Aboriginal cultural responsiveness Apply principles of self-determination to Undertake comprehensive Integrate culturally Coordinate with Aboriginal-Build and maintain responsive practices into led organisations to carry collaborative relationships risk assessment strategies information sharing. that are culturally responsive risk management and out culturally responsive risk with Aboriginal-led Engage with Aboriginal-led and respectful. Ensure they safety planning. Use these to management activities. Ensure organisations on issues consider Aboriginal people's Aboriginal people get support relating to service delivery organisations to ensure you address the experiences and provide culturally responsive experiences, strengths and needs of Aboriginal people. from services that understand and program delivery. support and services histories. their cultural needs Structural discrimination Ensure information sharing Undertake comprehensive Develop and put in place Coordinate with Build and maintain strong practices consider the effects risk assessment practices that coordinated risk management organisations that equitable partnerships with specialise in working with people who experience of structural oppression. Ensure they do not reinforce are inclusive and culturally competent. Consider a victim practices that consider specific family violence organisations. This includes the strengths and needs of discrimination or increase survivor's unique needs, victim survivors. Use these to structural oppression those that work with diverse risk strengths and experiences with structural inequality actively address the effects of structural oppression and and discrimination when managing family violence communities. and discrimination. discrimination risk with clients. Trauma-informed practice See other skill indicators. See other skill indicators. See other skill indicators. If appropriate, use advanced Work with victim survivors trauma-informed interventions to engage activities and to promote wellbeing and programs that assist them resilience building. to recover, rebuild their lives and thrive.

Figure 3: Capabilities for specialist practitioners

1	2	3	4	5	6
Professional autonomy and judgement	Managing comprehensive risk and complexity	System collaboration	Reflective practice and supervision	Service and system improvement	Applying and building on evidence and research
Works with supports provided, follows best practice policies, procedures and guidelines and seeks supervision and support as required.	Conducts comprehensive risk assessments, implements risk management plans and seeks support from more senior staff as required.	Engages with other service providers and professional networks and supports ongoing collaboration.	Manages self and workload, engages in supervision and critical reflection and supports and improves practice.	Identifies areas for service improvement based on feedback and data and engages in quality improvement activities under supervision.	Understands the importance of evidence-based practice and engages with relevant contemporary research to inform daily work.
Demonstrates some professional autonomy and judgement in case management and decision making.	Conducts comprehensive risk assessments and manages somewhat complex cases.	Builds professional networks within the sector, coordinates with several agencies and shares information and resources.	Provides advice, support and feedback under guidance and engages in supervision and critical reflection to support practice.	Contributes to system improvements and uses feedback to inform this work.	Applies and contributes to evidence-based practices and integrates research findings into daily work.
Manages complex cases with professional autonomy and uses discretion and judgement.	Conducts and manages complex and high-risk cases and provides specialist advice.	Establishes partnerships and agreements and drives inter-agency collaborations.	Develops practice skills in others using supervision frameworks and engages in supervision and critical reflection to enhance practice.	Takes part in organisational improvement initiatives involving several stakeholders and analyses and reports on the effectiveness of these.	Critically analyses, contributes to and distributes research findings and uses findings to inform organisational practice and policy.
Operates with high levels of professional autonomy and leads, influences and informs standards for practice in the organisation.	Leads the management of complex and high-risk cases, provides specialist advice and advises on best practices at the organisational level.	Informs and influences systemic change initiatives and leads collaborations across the sectors and systems.	Provides experienced practice leadership and supervision, sets practice direction and engages in supervision as part of ongoing development.	Informs and advocates for system-wide improvement strategies and coordinates with stakeholders to strengthen system responses.	Leads the critical evaluation of contemporary and emerging evidence, drives its implementation, development and dissemination and uses this to shape policy and practice standards.

## Plain figure text

# Structure of the Responding to family violence capability framework



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# Knowledge and skill indicators for all workers across the service system

#### Foundational knowledge

Find these in the MARAM Foundation knowledge guide.

#### Further knowledge and skills

These align with MARAM responsibilities.

#### Identification, intermediate and comprehensive

- 1. Safe engagement
- 2. Identifying family violence

#### Intermediate and comprehensive

- 3. Intermediate risk assessment
- 4. Intermediate risk management

#### Identification, intermediate and comprehensive

- 5. Secondary consultations and referral
- 6. Information sharing

#### Comprehensive

- 7. Comprehensive assessment
- 8. Comprehensive risk management and safety planning

#### Identification, intermediate and comprehensive

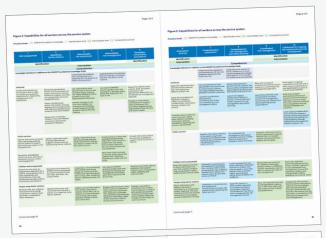
- 9. Coordinated risk management
- Collaborate for ongoing risk assessment and risk management

## Skill indicators for specialist family violence practitioners

### Four levels of practice: entry mid, senior, expert

- Professional autonomy and judgement
- Managing comprehensive risk and complexity
- System collaboration
- Reflective practice and supervision
- Service and system improvement
- Applying and building on evidence and research

# Capabilities for all workers across the service system





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#### 1. Safe engagement

Corresponding MARAM responsibility levels: identification, intermediate and comprehensive

#### **Skill indicators**

#### Universal

Create and maintain an environment that is safe, accessible and culturally responsive for interactions, engagements and disclosures.

#### Victim survivor

Partner with victim survivors when interacting with the service system to support their autonomy, agency and empowerment.

Recognise and address victim survivors' barriers to disclosure, service access and engagement.

#### Children and young people

Determine and apply an engagement approach for a child or young person that is safe, appropriate and reasonable for their age, developmental stage, culture, community and personal situation.

#### People using family violence

Maintain safe, non-collusive interactions with people using family violence. Seek secondary consultation when necessary.

#### Young person using violence

Determine and apply an engagement approach for a young person that is non-collusive and safe, appropriate and reasonable for their age, developmental stage, culture, community and personal situation.

#### **Aboriginal cultural responsiveness**

Uphold the principles of self-determination when working with Aboriginal people.

#### Structural discrimination

Adapt service delivery to meet the diverse needs of those affected by family violence. Consider intersections that may include systems of patriarchy, colonisation, racism, ableism, ageism, classism, biphobia, homophobia and transphobia.

#### **Trauma-informed practice**

Adapt engagement strategies in ways that consider how trauma can influence interactions and behaviours.

#### 2. Identifying family violence

## Corresponding MARAM responsibility levels: identification, intermediate and comprehensive

#### **Skill indicators**

#### Universal

Recognise perpetration tactics and the dynamics of power and control in family violence to support accurate risk assessment and avoid misidentification.

Safely and effectively gather information through engagement and interactions with clients to identify family violence in line with MARAM.

Respond to immediate threats in line with MARAM and action appropriate protective measures.

#### Victim survivor

Identify observable signs of trauma that would suggest a person may be experiencing family violence.

#### Children and young people

Recognise and respond to children and young people as victim survivors in their own right, with their own unique needs.

#### People using family violence

Identify behaviours and narratives that indicate a person is or might be using family violence.

#### Young person using violence

If a young person is identified as, or discloses, using violence, refer to appropriate specialist services.

#### **Aboriginal cultural responsiveness**

Apply an understanding about Aboriginal people and communities' experiences of oppression and violence from past and ongoing colonisation including the impacts of intergenerational trauma.

#### Structural discrimination

Apply an intersectional lens to identifying family violence risk.

#### **Trauma-informed practice**

#### Intermediate and comprehensive only

Identify the impacts of trauma that may need a therapeutic response. Consider the types of therapeutic services that may be appropriate for referral.

#### 3. Intermediate risk assessment

### Corresponding MARAM responsibility levels: intermediate and comprehensive

#### **Knowledge indicator**

Understand the methods and considerations for assessing the risk posed to a child or young person.

#### **Skill indicators**

#### Universal

Use intermediate tools appropriate to the service user to assess family violence risk. Apply MARAM practice guidance and other organisational resources.

Identify changes in risk over time. Update risk management strategies to stay responsive to the dynamic nature of family violence.

#### Victim survivor

Gather information from services working with the adult using family violence. Use these to assess risk for the victim survivor.

#### Children and young people

Undertake a risk assessment with children and young people as victim survivors in their own right. Recognise their unique risks, protective factors, wellbeing needs and safety.

#### People using family violence

Gather and use information from adults using family violence about their use of violence in a way that does not increase risk to their partners, children, family and community.

#### Young person using violence

Conduct a risk assessment with a young person using violence, considering any experience of family violence, the young person's age, developmental stage, cultural and therapeutic needs, wellbeing and safety.

#### Aboriginal cultural responsiveness

Apply a culturally informed lens to risk assessment. Ensure this respects and considers Aboriginal people's cultural contexts and histories.

#### Structural discrimination

Apply an understanding of structural inequality and discrimination. Use this to assess family violence risk, access to safety and how the perpetrator may exploit these factors.

#### **Trauma-informed practice**

Recognise the impact of trauma on a victim survivor's responses by applying an approach to risk assessment that is sensitive, supported and trauma informed.

#### 4. Intermediate risk management

### Corresponding MARAM responsibility levels: intermediate and comprehensive

#### **Knowledge indicator**

Understand the circumstances that can change or escalate risk from the person using violence.

#### **Skill indicators**

#### Universal

Use relevant MARAM practice guides, tools and templates to develop safety plans that respond to the level of risk.

#### Victim survivor

Create and put in place risk management plans that reflect the victim survivor's preferences and needs. Ensure these respond to the risk level and personal circumstances.

Work with victim survivors to develop safety plans that address their individual experiences, needs and risk levels.

#### Children and young people

Use relevant MARAM practice guides, tools and templates to develop risk management and safety plans that respond to the level of risk.

#### People using family violence

Engage with the person using family violence to develop a safety plan that addresses their behaviour, promotes accountability and holistically respond to the safety needs of their partners, children, family and community.

#### Young person using violence

Put in place risk management actions that respond to the wellbeing and safety of the young person (if they have experienced family violence). Ensure they are appropriate for their age, and developmental stage. Ensure the actions address their behaviour and the safety of the victim survivor.

#### Aboriginal cultural responsiveness

Use the principles of self-determination and Aboriginal-led responses to guide culturally responsive risk management. Apply an approach that is strengths-based and trauma-informed.

#### Structural discrimination

Integrate an understanding of structural oppression and discrimination into risk management strategies. Be sure to address the unique experiences and needs and circumstances of people.

#### Trauma-informed practice

See other skill indicators.

### 5. Secondary consultation and referral

## Corresponding MARAM responsibility levels: identification, intermediate and comprehensive

#### **Skill indicators**

#### Universal

Assess the need for extra support. Seek secondary consultation and appropriate referrals for an immediate risk management response.

#### Intermediate and comprehensive only

Engage in cross-sector consultations to support referral pathways that are timely, responsive and appropriate to the risk level and client's needs.

#### **Victim Survivor**

Provide information about the services available to support victim survivors in referral.

#### Children and young people

#### Intermediate and comprehensive only

Develop and enable referral pathways that support children and young people's safety, wellbeing and cultural needs.

#### People using family violence

#### Intermediate and comprehensive only

Engage in secondary consultation for insights and strategies for working with people using family violence to promote their accountability, behaviour change and the safety of victim survivors.

#### Young person using violence

#### Intermediate and comprehensive only

Work with other services to undertake a holistic and therapeutic response to young people using violence.

#### **Aboriginal cultural responsiveness**

For Aboriginal clients, seek cultural consultation or cultural supervision to improve risk identification, assessment and management.

#### Structural discrimination

#### Intermediate and comprehensive only

Develop and enable referral pathways that are accessible and respond to the needs and strengths of people experiencing structural oppression and discrimination.

#### **Trauma-informed practice**

#### Intermediate and comprehensive only

Assess therapeutic readiness to inform appropriate referrals and guide secondary consultations.

#### 6. Information sharing

## Corresponding MARAM responsibility levels: identification, intermediate and comprehensive

#### **Skill indicators**

#### Universal

Apply the relevant privacy and information sharing laws and regulations relevant to their role.

Apply the principles and legislation related to safety, accountability, confidentiality, information sharing, consent and privacy.

#### Intermediate and comprehensive only

Consider ways to enhance victim survivors' safety when skilfully managing information sharing, mandatory reporting and privacy requirements.

#### Children and young people

#### Intermediate and comprehensive only

Work with relevant services to share information in a way that supports children and young people's safety, wellbeing and cultural needs.

#### People using family violence

#### Intermediate and comprehensive only

Share information with relevant services to contribute to a coordinated system response. This may include services that provide interventions and support aimed at behaviour change.

#### Young person using violence

#### Intermediate and comprehensive only

Safely manage information sharing where a young person is identified as, or discloses using violence, is also a victim survivor.

#### Aboriginal cultural responsiveness

Apply principles of self-determination to information sharing. Engage with Aboriginal-led organisations to ensure you provide culturally responsive support and services.

#### Structural discrimination

#### Intermediate and comprehensive only

Ensure information sharing practices consider the effects of structural oppression. Ensure they do not reinforce discrimination or increase risk.

#### Trauma-informed practice

See other skill indicators.

#### 7. Comprehensive assessment

### Corresponding MARAM responsibility level: comprehensive

#### **Knowledge indicator**

Understand the experience and presentation of risk and protective factors for the victim survivor.

#### **Skill indicators**

#### Universal

Use comprehensive tools appropriate to the service user to assess family violence risk. Apply MARAM practice guidance and other organisational resources.

Lead the coordination, development, monitoring and review of comprehensive risk management plans.

#### Victim survivor

Identify information relevant to the adult using familyviolence's circumstances when undertaking comprehensive risk assessment with a victim survivor.

#### Children and young people

Undertake comprehensive risk assessment strategies that consider children and young people's age, developmental stage, wellbeing and cultural needs. Ensure their voices are heard.

#### People using family violence

Undertake a comprehensive risk assessment. Communicate and plan with professionals supporting the victim survivor.

#### Young person using violence

Undertake a comprehensive risk assessment that is appropriate for their age and developmental stage.

#### Aboriginal cultural responsiveness

Undertake comprehensive risk assessment strategies that are culturally responsive and respectful. Ensure they consider Aboriginal people's experiences, strengths and histories.

#### Structural discrimination

Undertake comprehensive risk assessment practices that are inclusive and culturally competent. Consider a victim survivor's unique needs, strengths and experiences with structural inequality and discrimination.

#### **Trauma-informed practice**

See other skill indicators.

## 8. Comprehensive risk management and safety planning

### Corresponding MARAM responsibility level: comprehensive

#### **Knowledge indicator**

Understand the impact of family violence on a victim survivor to inform risk management options. This includes for children and young people.

#### **Skill indicators**

#### Universal

Assess and respond to dynamic family violence risk. Ensure safety strategies and plans respond to the current risk factors and level of risk.

Lead multi-agency collaboration efforts to ensure a coordinated and holistic approach to risk management and safety planning.

#### Victim survivor

Use advanced risk management techniques to develop and put in place effective safety plans tailored to victim survivors.

#### Children and young people

In risk management and safety planning, holistically respond to children and young people in ways that address their emotional safety, psychological safety, physical safety and wellbeing.

#### People using family violence

Apply the 'person in their context' approach to consider the person using family violence's circumstances. Use this work out appropriate risk management actions.

#### Young person using violence

Undertake a coordinated risk management strategies that consider the young person's circumstances, age, developmental stage, cultural needs and wellbeing.

#### Aboriginal cultural responsiveness

Integrate culturally responsive practices into risk management and safety planning. Use these to address the experiences and needs of Aboriginal people.

#### Structural discrimination

Develop and put in place coordinated risk management practices that consider the strengths and needs of victim survivors. Use these to actively address the effects of structural oppression and discrimination.

#### **Trauma-informed practice**

If appropriate, use advanced trauma-informed interventions to promote wellbeing and resilience building.

#### 9. Coordinated risk management

## Corresponding MARAM responsibility levels: identification, intermediate and comprehensive

#### **Skill indicators**

#### Universal

Work with a range of professionals and services to supports a coordinated risk management approach.

#### Comprehensive only

Lead and coordinate case management including serious risk management monitoring and collaborative action planning across organisations.

#### Victim survivor

#### Intermediate and comprehensive only

Supports victim survivors in service responses by actively helping them to navigate systems and advocating to address service gaps.

#### Children and young people

#### Intermediate and comprehensive only

Where there are concerns for children's and young people's safety or wellbeing, consult, coordinate, report or refer to relevant services for risk management.

#### People using family violence

#### Intermediate and comprehensive only

Work with specialist services to manage family violence risk in ways that aligns with the victim survivor's needs and preferences.

#### Young person using violence

#### Intermediate and comprehensive only

Collaborate across agencies to monitor and respond to dynamic risk caused by the young person's use of violence. Develop tailored risk management strategies that address the young person's needs and circumstances.

#### Aboriginal cultural responsiveness

#### Intermediate and comprehensive only

Coordinate with Aboriginal-led organisations to carry out culturally responsive risk management activities. Ensure Aboriginal people get support from services that understand their cultural needs.

#### Structural discrimination

#### Intermediate and comprehensive only

Coordinate with organisations that specialise in working with people who experience structural oppression and discrimination when managing family violence risk with clients.

#### **Trauma-informed practice**

See other skill indicators.

## 10. Collaborating for ongoing risk assessment and risk management

## Corresponding MARAM responsibility levels: identification, intermediate and comprehensive

#### **Skill indicators**

#### Universal

Participate in ongoing consultation and work with a wide range of organisations and stakeholders as part of shared responsibilities.

#### Intermediate and comprehensive only

Build and maintain partnerships with sexual assault and harmful sexual behaviour services, along with other sectors to enhance risk management through knowledge sharing and shared expertise.

#### Comprehensive only

Lead ongoing collaboration and connection between services, sectors and systems. Educating and building the understanding, through collaborative management of family violence risk.

#### Children and young people

#### Intermediate and comprehensive only

Work with child and youth-focused services to ensure a holistic approach to risk assessment and management. Ensure this addresses children and young people's safety, wellbeing and cultural needs.

#### People using family violence

#### Intermediate and comprehensive only

Collaborate with services that the person using family violence may be engaged with. Actively build and maintain relationships with them for information sharing, secondary consultations and tailoring risk assessment and management.

#### Young person using violence

#### Intermediate and comprehensive only

Participate in ongoing work with services to conduct ongoing assessment and manage the level of risk caused by the young person using violence.

#### **Aboriginal cultural responsiveness**

#### Intermediate and comprehensive only

Build and maintain collaborative relationships with Aboriginal-led organisations on issues relating to service delivery and program delivery.

#### Structural discrimination

#### Intermediate and comprehensive only

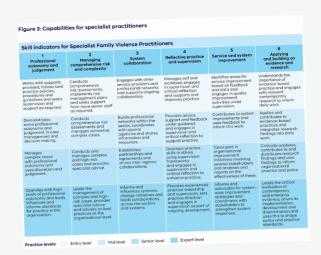
Build and maintain strong, equitable partnerships with specific family violence organisations. This includes those that work with diverse communities.

#### Trauma-informed practice

#### Intermediate and comprehensive only

Work with victim survivors to engage activities and programs that assist them to recover, rebuild their lives and thrive.

### Capabilities for specialist practitioners



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#### 1.

## Professional autonomy and judgement

**Entry** – Works with supports provided, follows best practice policies, procedures and guidelines and seeks supervision and support as required.

**Mid** – Demonstrates some professional autonomy and judgement in case management and decision making.

**Senior** – Manages complex cases with professional autonomy and uses discretion and judgement.

**Expert** – Operates with high levels of professional autonomy and leads, influences and informs standards for practice in the organisation.

#### 2.

## Managing comprehensive risk and complexity

**Entry** – Conducts comprehensive risk assessments, implements risk management plans and seeks support from more senior staff as required.

**Mid** – Conducts comprehensive risk assessments and manages somewhat complex cases.

**Senior** – Conducts and manages complex and high-risk cases and provides specialist advice.

**Expert** – Leads the management of complex and high-risk cases, provides specialist advice and advises on best practices at the organisational level.

### System collaboration

**Entry** – Engages with other service providers and professional networks and supports ongoing collaboration.

**Mid** – Builds professional networks within the sector, coordinates with several agencies and shares information and resources.

**Senior** – Establishes partnerships and agreements and drives inter-agency collaborations.

**Expert** – Informs and influences systemic change initiatives and leads collaborations across the sectors and systems.

## 4. Reflective practice and supervision

**Entry** – Manages self and workload, engages in supervision and critical reflection and supports and improves practice.

**Mid** – Provides advice, support and feedback under guidance and engages in supervision and critical reflection to support practice.

**Senior** – Develops practice skills in others using supervision frameworks and engages in supervision and critical reflection to enhance practice.

**Expert** – Provides experienced practice leadership and supervision, sets practice direction and engages in supervision as part of ongoing development.

## 5. Service and system improvement

**Entry** – Identifies areas for service improvement based on feedback and data and engages in quality improvement activities under supervision.

**Mid** – Contributes to system improvements and uses feedback to inform this work.

**Senior** – Takes part in organisational improvement initiatives involving several stakeholders and analyses and reports on the effectiveness of these.

**Expert** – Informs and advocates for system-wide improvement strategies and coordinates with stakeholders to strengthen system responses.

# 6. Applying and building on evidence and research

**Entry** – Understands the importance of evidence-based practice and engages with relevant contemporary research to inform daily work.

**Mid** – Applies and contributes to evidence-based practices and integrates research findings into daily work.

**Senior** – Critically analyses, contributes to and distributes research findings and uses findings to inform organisational practice and policy.

**Expert** – Leads the critical evaluation of contemporary and emerging evidence, drives its implementation, development and dissemination and uses this to shape policy and practice standards.

